

Church of the Resurrection, Bayside

Parish Newsletter – Sunday 10th May 2020



Fifth Sunday of Easter

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Anniversaries

Each week we think of all our loved ones whose anniversaries occur and Masses will be offered for all when the Pandemic is over. Our priests include them in their private Masses every day

Masses and Services Online and Radio

See our **Parish website** for up-to-date information including a direct link to **Church Services TV on Facebook** for religious services through the day.

The Pope's Mass each day on YouTube.

RTÉ Now from different churches at 10.30am each day.

<https://www.mcnmedia.tv/cameras/county/ireland> -

where you can click directly into various Churches.

See www.glenstal.com

<https://www.dublindiocese.ie/prayer-resources-for-use-during-coronavirus-pandemic/>

Those without internet access can hear 10am Mass Monday to Friday on Radio Maria by phoning 01-437-3277 from a landline then press the speaker symbol on your phone. **Check with phone provider first in case of extra charges.**

Pope Francis said: "It is very clear. If you cannot find a priest to confess to, speak directly with God, your Father, and tell Him the truth. Say, 'Lord, I did this, this, this. Forgive me,' and ask for pardon with all your heart." See below -

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

Alpha Ireland – Prayers for this Time

Join in prayer on Zoom every Friday from 1.30-2pm.

<https://zoom.us/j/348473186?pwd=WXRidWEyWNIQVoxWmYxN0JnSjdZUT09> is the link if you can make it.

Meeting ID: 348 473 186 Password: 000697.

Recently Deceased

We remember in our prayers

Joe Dunphy, Patricia Kelly, Michael Tierney and Seán Flanagan, Margaret Pooley, Tony Denver and

Maureen Brophy. Our thoughts and prayers are with their families, friends and neighbours. May they rest in peace.

Reflection for the Fifth Sunday of Easter

Ring out your joy to the Lord!

Jesus is saying farewell to His disciples. He will leave them physically, he asks them not to be troubled, to trust in God. He invites us also to trust. We will not be left alone, but will know our Risen Lord as the Way, the Truth and the Life, and be enabled to live the way, truth and life of Jesus for others.

We may like to consider we are making decisions during this difficult time? Perhaps we are called to try to spend some time each day with Jesus, growing closer to him and his values. We ask Jesus for the grace to live this week in hope, trust and joy.

LAUDATO SI' Week – on Care for our Common Home

Pope Francis is inviting us to unite from May 16th-24th to take the next steps in our ground-breaking journey towards better care of creation. As our way of joining this event we suggest that we pray the angelus from 16th at noon when the church bell rings - for the intention of taking better care of God's creation.

St Francis Hospice - Donate

A parishioner, Una Healy, has produced a great little book – Fattening the Curve – all proceeds from the sales will be donated to St Francis Hospice. Link to buy <http://www.sfh.ie/fattening-curves-Una-healy>

Ghost Town - A Song for the Pandemic

A parishioner has written a Covid song – link to

<https://youtu.be/qCXA6tZyKR8>

Support Services Available during Pandemic

ACCORD – support on 01 531 3331 9am-8pm for those experiencing relationship difficulties.

ALONE support for older people. Monday to Friday, 8am-8pm. Call **0818 222 024**.

SeniorLine, confidential service for older people. Freephone 10am -10pm any day on **1800 80 45 91**.

Age Action and the Irish Red Cross -for seniors experiencing hardship during the pandemic, with once-off grants, up to €500, per person/house affected . **Lo**

Call: 1890-369-369 Phone: **01 642 4600** Email: hardship2020@redcross.ie,

Women's Aid - confidential information, support and understanding to women abused by current/ former boyfriends, partners or husbands. **Tel: 1800-341-900** or **01-678-8858; email info@womensaid.ie** 24 hour.

Men's Aid, supporting men and their families experiencing Domestic Violence in Ireland. **Tel:** [01-554-3811](tel:01-554-3811) **Tel:** [01-539-4277](tel:01-539-4277) **E-mail:** hello@mensaid.ie
ISPCC Dublin, child protection charity. **Call:** [01-676-7960](tel:01-676-7960) **Email:** ispcc@ispcc.ie

The Samaritans 24 hours a day, 365 days a year. Immediate response, call Freephone. **116-123.**

Pieta House- free therapy to those engaging in self-harm, with suicidal ideation, or bereaved by suicide. No referral needed. Freephone **1800-247-247**

Jigsaw for younger people experiencing a hard time, or for those worried about a young person. www.jigsaw.ie
<https://www.jigsaw.ie/news-and-events>

HSE Resources – a variety of leaflets available on stress, bereavement etc. See www.healthpromotion.ie.

Covid 19 Tech Help - A group of I.T people offers **free** tech support to cocooning seniors - Tablets, Phones, PCs, software, Google Assistant, Skype, smart heating, Wifi etc. **No** personal details requested (access to bank details, cards etc.) Call distribution random and calls recorded and twitter feed is also logged.

<https://www.facebook.com/Covid19TechHelp/posts/118344963168927>. Web <https://covid19tech.ie/about/> and Twitter: @covid19_tech

St Anne's Park and all public parks – from 1.30-3.30pm reserved each day for Seniors only.

Trócaire

Remember, you can donate on the Trócaire website www.trocaire.org or by phone **1850-408-408**.

Poetry Corner

Another morning and I wake with thirst
for the goodness I do not have.
I walk out to the pond and all the way God has given us
such beautiful lessons.

Oh Lord,

I was never a quick scholar but sulked
and hunched over my books past the
hour and the bell;

grant me, in your mercy, a little more time.

Love for the earth and love for you
are having such a long conversation in my heart.

Who knows what will finally happen or
where I will be sent,

yet already I have given a great many things away,
expecting to be told to pack nothing,
except the prayers which, with this thirst, I am slowly
learning. (Mary Oliver)

.....
Smiling is infectious
You can catch it like the flu
When someone smiled at me today
I started smiling too

I walked around the corner
And someone saw me grin
When he smiled I realised
I had passed it on to him
I thought about the smile
And then realised its worth

A single smile like mine
Could travel round the earth
So if you feel a smile begin
Don't leave it undetected
Start an epidemic
And get the world infected.

(Spike Milligan)

New Pilgrim Path Website of the Week

The 'Christian Art' website is the brainchild of a former director of Sotheby's, London, Patrick van der Vorst. His offering is simple: 'one newsletter a day where we simply send you the Gospel reading of the day, beside a work of art that we believe is poignant, reflective and appropriate to that reading. We offer a short reflection on the artwork and the reading. We simply give you the tools for you to meditate on the daily Gospel beside a work of art.' See: www.newpilgrimpath.ie

The Weight of the Glass

Once upon a time a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they'd be asked the typical "glass half empty or glass half full" question. Instead, with a smile on her face, the professor asked, "How heavy is this glass of water I'm holding?"

Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, "From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me."

As the class shook their heads in agreement, she continued, "Your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them."

The moral: It is important to remember to let go of your stresses and worries. No matter what happens during the day, as early in the evening as you can, put all your burdens down. Don't carry them through the night and into the next day with you. If you still feel the weight of yesterday's stress, it's a strong sign that it is time to put the glass down.

Thought for the Week

God didn't give you another day because you needed it. God gave you another day because somebody else needed you.